

# Supporting an individual with a diagnosis of learning disability

# A b c

Use easy words and short sentences



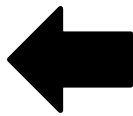
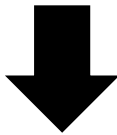
When talking, try to use pictures and written words too



Check that the person understands what you are saying. Do this often



Give the person time and space to think about things that have been spoken about



Break tasks down into small stages. Tell the individual how to do it bit by bit

# WEEKLY PLANNER

Monday



Tuesday



Wednesday



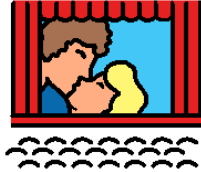
Thursday



Friday



Saturday



Sunday



Stick to routines as much as possible



When the person is doing tasks, try and make sure that there is nothing around which might distract them